Gala 1: Saturday 9th September 2023 Licence Number 4EM231370

to be held at Alfreton Leisure Centre, Church Street, Alfreton, DE55 7BD

Gala 2: Saturday 21st October 2023 Licence Number 4EM231371

to be held at Alfreton Leisure Centre, Church Street, Alfreton, DE55 7BD

Gala 3: Saturday 25th November 2022 Licence Number 4EM231372

to be held at The Arc Leisure Centre, Bakewell Rd, Matlock DE4 3AZ

**Rules and Information**

1. Derbyshire Junior Grand Prix series are held under Swim England Regulations and Technical Rules, and are licenced at Level 4.
2. All swimmers must be club train or club compete members of a Derbyshire club.
3. The Meet will be held at the venues and on the dates above.
4. Ages are as at midnight on Saturday 25th November 2023.
5. The Events are:

9-11 years:

* 50m freestyle, backstroke, breaststroke, butterfly
* 100m freestyle, individual medley
* 200m freestyle

10/11 years:

* 100m backstroke,breaststroke butterfly
* 200m individual medley

1. The Girls category is for birth sex females in accordance with Swim England’s Transgender and Non-Binary Competition Policy. By entering the ‘Girls’ category, a swimmer confirms that their birth sex is female.
2. Alfreton pool is 25m, six lanes. The Arc pool, Matlock is 25m 8 lanes. The Pools will be equipped with anti-wave ropes, and automatic timing equipment will be used if available and operational. A secondary strobe will be provided where it is requested for an athlete at the time of entry.
3. Heats will be spearheaded according to submitted entry times (25m pool). Swimmers without entry times will swim in the first heats.
4. Only entries no faster than the Upper Cut Off times will be accepted.
5. Overhead starts may bjuniorgrandprix@derbyshireswimming.org.uke used at the Promoter’s discretion.
6. If the Meet is oversubscribed, entries will be accepted on a “first-come, first-served” basis. The Promoter reserves the right to limit entries to ensure we do not exceed the maximum time limit laid down by the ASA and the capacity of the venues. In the event that entries are rejected, the entry fee will be refunded, a single cheque will be made payable to the club in question.
7. Club entries must be made electronically. A SportSystems file set can be obtained by e-mail from [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org.uk) or from the Derbyshire ASA website: <https://swimderbyshire.uk/derbyshire-junior-grand-prix>

Entries should be sent to [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org.uk) and must include an entry report. These should be backed up with full payment and a completed cash summary sheet. **Please ask for confirmation of receipt of electronic entries**.

Paper entries are permitted for individual swimmers if they are not able to enter through their club.

1. The closing dates for entries are:

Round 1 – Saturday 26th August 2023

Round 2 – Saturday 7th October 2023

Round 3 – Saturday 11th November 2023

Late entries will not be accepted unless due to Promoter’s error.

1. Each Round will consist of a single session.

Rounds 1 & 2 - Warm up 4.00pm, start 4.30pm. Estimated finish 7.00pm latest finish 7.30pm

Round 3 – Warm up 1.15pm, start 1.45pm. Estimated finish 4.15pm latest finish 4.45pm

1. Awards will be presented to the top 3 scoring Girls and Open/Boys in each age group after completion of the series of galas, calculated on a points basis as follows: Swimmers will be awarded 6 points for a win, 5 points for 2nd place and so on, with 1 point for 6th place.
2. The entry fee is £7.00 per event.
3. Warm up will be 30 minutes for each gala.
4. Coaches and team managers will need to obtain free Swim England accreditation that is available from <https://www.swimmingresults.org/member_options/>. Accreditation will be required to access poolside and must be displayed at at all times. Ratios of coaches and team managers should be in accordance with Wavepower.
5. Adults will not be allowed poolside or in the sports hall at Matlock without accreditation. It is required that swimmers are supervised at all times both poolside and in the sports hall at Matlock.
6. Spectator admission prices, per gala:

* Adult: £5.00
* Under 14s & over 65s: £3.00

1. **Please Note** : There is limited spectator accommodation at Alfreton.
2. A draft programme with details of all accepted swimmers will be available on the DASA website approximately five days prior to each round, to enable swimmers to check their entries and advise of any problems.
3. Swimmers must report to the Competitor Stewards immediately when their event is called. Any competitor not reporting on time for their event may be excluded from that event. Swimmers will be sent to the starting area by the Competitor Stewards.
4. Please help the running of the meet by advising of withdrawals where known. Withdrawals should be made by the start of the warm-up for that round. Please make withdrawals prior to the meet to [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org.uk). No refunds can be made after the closing date for each round.
5. Results will be published on the DASA website after the event.
6. All participants must observe the safety precautions in operation at each of the leisure centres and must wear suitable footwear when leaving the Poolside.
7. The interpretation of these conditions and any conditions not covered by this information will be at the discretion of the Promoter, Lance Davis.
8. Covid: All persons attending the event must ensure compliance with any Covid restrictions and social distancing guidance in place at the time of the event. Any relevant information will be posted to our website prior to the event. It is the responsibility of the individuals attending to ensure that they have seen any such guidance.

**OFFICIALS AND VOLUNTEERS**

As with all Open meets, we are always grateful of the support provided to us by officials and volunteers from other clubs and organisations. It is this generosity that enables the sport to continue to stage such events. If you are able to assist in this meet, in any way, we would very much like to hear from you, please contact [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org.uk)

Officials coordinator Ann Basford - [basfordann@gmail.com](mailto:basfordann@gmail.com)

Trainee officials are very welcome, space permitting

**Upper Time Limits: (25m pool)**

|  | 10 Years  Girls & Open/Boys | 11 Years  Girls & Open/Boys |
| --- | --- | --- |
| 50m Freestyle | 40.00 | 36.46 |
| 100m Freestyle | 1:35.00 | 1.18.20 |
| 200m Freestyle | 3:10.00 | 2.58.00 |
| 50m Breaststroke | 55.00 | 50.00 |
| 100m Breaststroke | 1:57.00 | 1.46.00 |
| 50m Butterfly | 50.00 | 42.10 |
| 100m Butterfly | 1:50.00 | 1.29.00 |
| 50m Backstroke | 48.00 | 42.70 |
| 100m Backstroke | 1:43.00 | 1.32.80 |
| 100m IM | 1:50.00 | 1.34.00 |
| 200m IM | 3:40.00 | 3.20.00 |

Schedule of Events

* Round 1:
  + 101 Girls 9-11 years 50m freestyle
  + 102 Open/Boys 9-11 years 50m freestyle
  + 103 Girls 10-11 years 50m breaststroke
  + 104 Open/Boys 10-11 years 50m breaststroke
  + 105 Girls 9-11 years 50m backstroke
  + 106 Open/Boys 9=11 years 50m backstroke
  + 107 Girls 10-11 years 100m individual medley
  + 108 Open/Boys 10-11 years 100m individual medley
* Round 2:
  + 201 Open/Boys 10-11 years 100m backstroke
  + 202 Girls 10-11 years 100m backstroke
  + 203 Open/Boys 9 years 50m breaststroke
  + 204 Girls 9 years 50m breaststroke
  + 205 Open/Boys 10-11 years 100m breaststroke
  + 206 Girls 10-11 years 100m breaststroke
  + 207 Open/Boys 9 years 200m freestyle
  + 208 Girls 9 years 200m freestyle
  + 209 Open/Boys 10-11 years 100m freestyle
  + 210 Girls 10-11 years 100m freestyle
  + 211 Open/Boys 10-11 years 50m butterfly
  + 212 Girls 10-11 years 50m butterfly
* Round 3:
  + 301 Girls 9 years 100m freestyle
  + 302 Open/Boys 9 years 100m freestyle
  + 303 Girls 10-11 years 200m freestyle
  + 304 Open/Boys 1011 years 200m freestyle
  + 305 Girls 9 years 50m butterfly
  + 306 Open/Boys 9 years 50m butterfly
  + 307 Girls 10-11 years 100m butterfly
  + 308 Open/Boys 10-11 years 100m butterfly
  + 309 Girls 9 years 100m individual medley
  + 310 Open/Boys 9 years 100m individual medley
  + 311 Girls 10-11 years 200m individual medley
  + 312 Open/Boys 10-11 years 200m individual medley

**Cash Summary Sheet**

Club ....................................................................................

Contact Name .....................................................................

Telephone Number ............................................................

Email address ......................................................................................................................

Individual Open/Boys Entries........................@£7.00 each

Individual Female Entries......................@£7.00 each

Total Payment: £ .............................

For payment by electronic transfer (our preferred method of payment), DASA bank details are: -

Account Name: *Derbyshire Amateur Swimming Association*

Sort Code: *09-01-55*

Account number: *96005180*

Reference: *Name of Club / JGP23*

Please email the cash summary form to [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org) or send by post to the address below.

If paying by cheque:

Cheques should be made payable to Derbyshire ASA, and posted with the cash summary form to our treasurer Debbie Halford , 2 Thorpe Leys, Long Eaton, Nottingham, NG10 1EU

Individual Entry Form

(please note, clubs should enter electronically, this form should be only used by individual swimmers if not able to enter with their club)

Name …………………………………………………………………………………..………………………………………………….……..……

Gender …………… Date of birth ……………………….……………………………….. Age on 25th Nov 2023 ………………

Club …………………………………………………………………….. ASA Number ………………………..………………………..……..

Address ……………………………………………………………………………………………………………………………………..…..…….

Tel ……………………………………………….. Email ……………………………………………………………….……………………………

| Event | Entered Time |
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Total number of entries ……….…….

Entry fees payable @£7 per event …………………..

Please email completed entry forms to [juniorgrandprix@derbyshireswimming.org.uk](mailto:juniorgrandprix@derbyshireswimming.org.uk)

Payment by BACS should be made please to :-

Account Name: *Derbyshire Amateur Swimming Association*

Sort Code: *09-01-55 ,* Account number: *96005180,* Ref swimmer’s name

Please do not pay by cheque unless unavoidable. Cheque (if used) should be made payable to Derbyshire ASA and sent to our treasurer Debbie Halford , 2 Thorpe Leys, Long Eaton, Nottingham, NG10 1EU