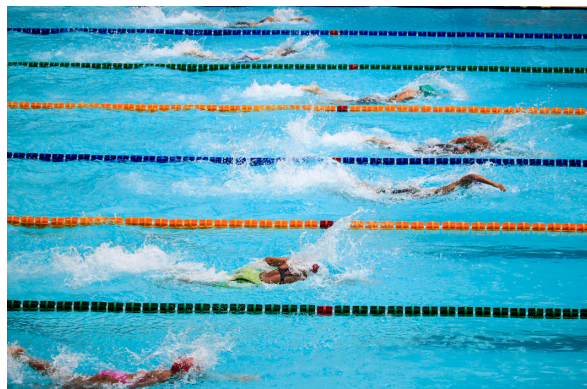


APRIL 2023

# Derbyshire A.S.A.



## Derbyshire Successes

Derbyshire made a very strong showing at the British Championships, with many County records being broken. Of particular note are the Women's 50m Freestyle Open Record taken by Sophie Yendell of Derby Excel in 25.53: the previous record having stood since 2015. Sophie already holds and has lowered, the 50m Butterfly open record to 26.16

George Whittle, also from Derby Excel, joins his brother Jacob as a Derbyshire record holder, taking the 100m Junior Backstroke record with a time of 58.45s

Lydia Cordle from Repton was the youngest competitor at the British Championships and managed to qualify for a final.

Lewis Burras from Repton took both the Men's open 50m and 100m Freestyle records in 27.19 and 47.99 respectively. Lewis gained selection to the World Championships in Fukuoka, Japan, joining Jacob Whittle and Abbie Wood as Derbyshire's representatives - congratulations to all of them on their selection.

Derbyshire swimmers also feature in the selection for British Team at the 2023 European Junior Swimming Championships taking place in Belgrade from the 4th-9th July, with Oscar Bilbao, Hannah Bowley and Laurie Devine from Repton gaining selection, together with Ash Morris, Repton's head coach who has been selected to be a member of the British Swimming coaching team at the championships.

Derbyshire also made an impression at the recent Swim England East Midland regional age group championships, with Repton winning both the boys and girls 14 and under relays.



[www.swimderbyshire.uk/](http://www.swimderbyshire.uk/)



[www.facebook.com/derbyshireswimming](http://www.facebook.com/derbyshireswimming)

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# New DASA records

## Junior Girls Long Course

50m Breaststroke	Jade Qursha	Repton	00:32.29	04/04/2023	Ponds Forge, Sheffield
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## Open Ladies Long Course

50m Freestyle	Sophie Yendell	Derventio Excel	00:25.53	06/04/2023	Ponds Forge, Sheffield
100m Freestyle	Abbie Wood	Buxton	00:55.01	07/04/2023	Ponds Forge, Sheffield
200m Freestyle	Abbie Wood	Buxton	01:57.21	04/04/2023	Ponds Forge, Sheffield
50m Butterfly	Sophie Yendell	Derventio Excel	00:26.16	05/04/2023	Ponds Forge, Sheffield

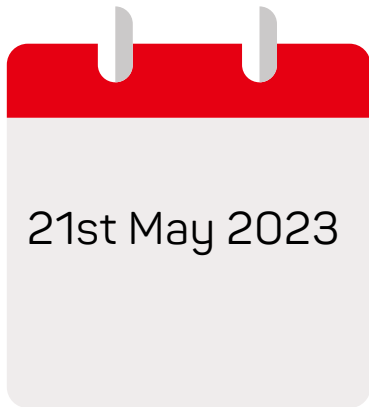
## Junior Boys Long Course

50m Backstroke	Cameron Jamieson	Repton	00:27.19	04/02/2023	Moorways, Derby
100m Backstroke	George Whittle	Derventio Excel	00:58.45	05/04/2023	Ponds Forge, Sheffield

## Open Mens Long Course

50m Freestyle	Lewis Burras	Repton	00:21.92	08/04/2023	Ponds Forge, Sheffield
100m Freestyle	Lewis Burras	Repton	00:47.99	06/04/2023	Ponds Forge, Sheffield
50m Butterfly	Jamie Ingram	Derventio Excel	00:24.29	09/04/2023	Ponds Forge, Sheffield
100m Butterfly	Jamie Ingram	Derventio Excel	00:51.98	07/04/2023	Ponds Forge, Sheffield

# Derbyshire Competitions and events



## **Derbyshire Open Masters SC Championships**

**Venue:** The ARC Leisure Centre, Matlock  
Programme, conditions & entries now available:  
<https://swimderbyshire.uk/masters-championships>

## **Derbyshire ASA Annual General Meeting**

**Venue:** Genesis Centre, Alfreton  
More details to follow.



## **Derbyshire Junior Grand Prix 2023**

2023 Junior Grand Prix Galas will take place on the following dates :

Gala 1 – Saturday 9th September at Alfreton Leisure Centre

Gala 2 – Saturday 21st October at Alfreton Leisure Centre

Gala 3 – Saturday 25th November at The ARC Leisure Centre, Matlock



# Officials

## Are you interested in becoming an official?

Competitions are vital for our sport but we can't run without officials!

If you're 14 or over our clubs and counties need people like you to help by training to be an official.

### What do I get out of it?

- No spectator fee and the best view in the house!
- Mileage\*
- Free lunch! \*
- Refreshments – We'll keep your drinks bottle filled and there's usually a generous helping of sweets or biscuits on offer!
- Helping your club, county or region to keep running events for swimmers.
- A great time! We volunteers are a friendly bunch and you certainly won't get bored.

*\*Dependent on the event*

### How can I get started?

There are two routes to choose from to become an official: you can start by training to be a Timekeeper, or, if you're 15 or over you could choose to go straight to Judge 1 training. The Timekeeping course is a 60-90-minute e-learning course, followed by a practical timekeeping session that can be completed at an event.

The Judge 1 course is a 6-8 hour e-learning course, after which you will be sent your training logbook and further details for your practical assessment.

If you would be interested in becoming an official, then please contact your club or our Derbyshire Officials Manager, Ralph Shepherd - [swimming-officials@derbyshireswimming.org.uk](mailto:swimming-officials@derbyshireswimming.org.uk) for more information.

You can also [click here](#) to learn more.

Your help will allow us to keep running events so thank you; we can't wait to see you on poolside soon!

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## March-September Officials Raffle

Our next Officials' raffle will run from March 2023 to September 2023. Every time a member officiates at a Derbyshire event they will be added to the raffle list - for a multi-session event Officials will be added to the list for each session they officiate.

Prizes will be drawn at the Derbyshire Short Course Championships on the weekend of the 30th of September/ 1st of October 2023.

# Bursaries

A reminder to clubs and volunteers that Derbyshire bursaries are available to help with the cost of teaching and coaching courses at all levels and across all disciplines. 50% funding is also available for CPDs including the Swim England Safeguarding course.

For more information, [please click here](#).

*Please be mindful that applications should be made within 3 months of the date on your course certificate.*

All officials training and licensing costs are fully covered by the Derbyshire ASA. For more information please contact [swimming-officials@derbyshireswimming.org.uk](mailto:swimming-officials@derbyshireswimming.org.uk)

East Midlands regional funding is also available for teaching and coaching courses across all disciplines as well as for select CPDs. For more information on East Midland bursaries, [please click here](#).

Please note, club offer prices are significantly lower than the prices advertised on the IoS. To access the lower club offer prices, please follow the club offer booking process as [detailed here](#)

## Bursary savings example

Level 1 Assistant Coaching course:

Usual price - £375. Club offer price £221.25 (40% saving)

East Midlands Funding £50

DASA Funding £100

**Total cost left to pay £71.25 - total savings £303.75**

You may also be able to use your £100 SwimMark voucher if it has not been used!

# Club News

## Derbyshire Club Open Meets - *May to July*



**May 21st 2023**

Eckington SC Open Meet

<https://eckingtonswimmingclub.co.uk/events-and-galas/open-meet/>



**June 10th 2023**

Buxton 1st Summer Open Meet

<https://www.buxtonswimmingclub.co.uk/buxton-1st-summer-open-meet/>



**June 25th 2023**

Derby Excel Inaugural Open Meet - Moorways

<https://uk.gomotionapp.com/team/derbyexcel/page/meets-and-results/open-meet-information>



**July 8th 2023**

Ripley Rascals 4th Frank Mansey Open Meet

<https://www.ripleyrascals.org.uk/rascalsopen>

# Club News

## Vacancies

### Long Eaton Swimming Club seek Swimming Coach

- *Contract Type:* Self Employed
- *Qualifications required:* Coaching Swimming: Level 2 Award or Swimming Coach Certificate
- *Working Hours:* Part time; 5/6 hours per week
- *Salary:* Remuneration negotiable dependent on qualifications and experience
- *Closing Date:* 20th June 2023

Due to our growth in membership, we are seeking an ambitious Level 2 squad coach to work part time leading our Junior 2 squad, with swimmers aged 10-13, alongside our team of experienced coaches at Long Eaton Swimming Club. Applications would also be welcomed from a Level 1 coach who is currently working towards their Level 2 qualification.

Please can applicants send a CV to [lesc.chair@outlook.com](mailto:lesc.chair@outlook.com)

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### Buxton & District Swimming Club seek Swimming Coach

Buxton swimming club are looking to appoint a level 2 swimming coach to help with an increase in the number of swimmers due to growth within the club.

The club runs the Abbie Wood Swimming Academy for swimmers in stages 5-7 from where they progress to our competition squads.

The coach would be expected to become involved in coaching all levels at the club.

Hours of work and rate of pay are negotiable and depending on qualifications and experience.

We would also consider someone who is a level 1 working towards level 2.

Please contact [chair@buxtonswimmingclub.co.uk](mailto:chair@buxtonswimmingclub.co.uk) if you are interested in the position.

# Club News

## Merger of City of Derby Swimming Club and Derwentio Excel Swim Squad

On 9th April, the merger of two Derby based swimming clubs, City of Derby Swimming Club and Derwentio Excel Swim Squad was finalised. Both clubs were training at the new Moorways Sports Village in Derby, and the merger sees the collective skills and resources of both clubs combining to form a strong, stable club in Derby. This has taken 15 months of discussions and meetings, with input from Swim England representatives. The club is set up as a CIO (Charitable Incorporated Organisation) registered with the Charity Commission, with a board of Trustees. Derby Excel will be led by Head Coach John Adye, who will oversee the swimming programme. Babs Ingram is the Chair, Nisha Bains is the Treasurer, and Pippa Hibbs is the Secretary.

The merger will ensure continuity of training for the swimmers, whatever their level and ability - from novices coming out of the learn to swim programme, right up to those representing GB nationally, such as current GB record holder Imogen Clark. Derby Excel will offer a performance pathway for swimmers in the south of Derbyshire, who join the performance squads but retain membership of their home (pathway) club, with a Memorandum of Understanding between the clubs to clarify the relationship. The aim is to establish strong links between the pathways clubs and Derby Excel, improving and inspiring swimmers across these clubs. There are currently 2000 swimmers enrolled in Moorways Learn to Swim programme, and when they learn to swim there, they can continue their swimming with Derby Excel in the junior squads. There is also a strong Masters programme, and links to the University of Derby. For more information, please email Babs: [chair@derbyexcel.org.uk](mailto:chair@derbyexcel.org.uk) or John Adye: [johnadye@derbyexcel.org.uk](mailto:johnadye@derbyexcel.org.uk)



Performance squad logo



Club squad logo



# Club News

## **Repton Swimming - British Championships report:**

Repton Swimming have just finished competing at the inaugural British Swimming Championships 2023, which is no doubt the pinnacle event of swimming in Great Britain. The championships were held at the Ponds Forge International Centre in Sheffield, between 4th-9th April 2023.

In recent years this event has had Junior Qualifying Times, but this year it was just an Open Qualifying process that our young swimmers had to achieve. We are proud to say that we had a total 20 swimmers qualify for the Championships, of which 14 were Repton School pupils, 1 is part of Repton Swimming Club and 5 are overseas distance members who represent Repton Swimming as their home club.

Huge progressions have been made from our swimmers and this resulted in a total of 31 finals, with 30 event personal bests throughout the meet.

### Key Highlights (Individual)

- Lydia Cordle (Age 12) made the 400m IM Final – the youngest finalist at the championships
- Laurie Devine got a Consideration Time (50m Free) for Great Britain for the European Junior Championships
- Hannah Bowley got a Consideration Time (200m Breaststroke) for Great Britain for the European Junior Championships
- Laurie Devine 3 Consideration Times for Scotland for the Commonwealth Youth Games
- Holly Marshall got a Consideration Time for Wales for the Commonwealth Youth Games
- Hannah Bowley, Lucy Hitchin, Holly Robinson, Hettie D’Amassa all got CT’s for England for the Commonwealth Youth Games
- Lewis Burras (overseas distance member) has made the Great Britain Team for the World Championships after winning the 100m Free

# Club News

## Long Eaton Regional Championships Success

Long Eaton Swimming Club had a great first weekend at the East Midlands regional championships, with 7 swimmers from the home programme competing, and a further 5 LESC members swimming under a pathway club.

Of the home programme swimmers, 3 qualified for finals and our youngest competitors, Tom Pope (200 fly) and Joseph Heather (50 back) both came home with silver medals!

Joseph also broke the clubs all time record for 11yrs boys with his swim in the 50 back final.

Two more silver medals were won by our pathway swimmers Finlay Bird and Alex Harrand in the 800 freestyle, and Matilda Hase improved on her own all time club record for 16yrs girls 1500 freestyle.

